



www.hiottawa.ca
111 Cooper Street, Ottawa, ON

TIME OUT

Coffee (10 Cup Silex) \$18.50 <i>Columbian or Decaffeinated</i>	Bottled Water\$2.95 each	Tea Biscuits/Scones\$15.00/doz
Tea (10 Cup Silex) \$18.50 <i>Assorted Herbal Teas</i>	Perrier Water.....\$2.95 each	Bagels\$2.25 each
Pitcher of Milk..... \$16.50 <i>White or Chocolate</i>	Soft Drinks.....\$2.25 each	With Cream Cheese.....\$3.25 each
Bottled Juice\$3.50 each	Assorted Baked Goods..\$3.00 <i>Muffins, Croissant, Mini Cinnamon Rolls</i>	Assorted Dessert Squares\$18.00/doz
	Assorted Cookies\$15.00/doz	Assorted Fruit & Nut Loaves (12 Slices)..... \$13.95/loaf
		Sliced Fresh Seasonal Fruit..\$6.95/person

Taxes & Gratuities extra

COFFEE BREAK SUGGESTIONS

WELCOME BREAK

Chilled Fruit Juices, Muffins,
Assorted Croissants, Danishes,
Cinnamon Rolls,
Mini Stuffed Bagels,
Preserves & Butter
Freshly brewed Coffee & Tea
\$10.95/person

HEALTH KICK BREAK

Chilled Fruit Juices
Sliced Fresh Fruit
Granola Bars & Muffins
Yogurt & Assorted Toppings
\$8.95/person

SNACK BREAK

Domestic & Import Cheese
Assortment of Crackers
Mixed Nuts
Sliced Fresh Fruit
Assorted Juice & Perrier Water
\$12.95/person

COOKIE BREAK

An assortment of freshly baked
Gourmet Cookies & a combination of
Soft Drinks, Bottled Juices
Freshly brewed Coffee & Tea
\$7.95/person

SWEET & SALTY BREAK

An assortment of Chocolate Bars,
Chips, Chocolate Mélange, Licorice,
assorted Candies, Soft Drinks and
Bottled Juice
Freshly brewed Coffee & Tea
\$9.50/person

ENGLISH TEA BREAK

(Minimum 10 People)
Tea Biscuits, Scones & Coffee Cake
Preserves & Butter
Freshly Brewed Coffee & Tea
\$6.95/person

Taxes & Gratuities extra



www.hiottawa.ca
111 Cooper Street, Ottawa, ON

BREAKFAST

BREAKFAST BUFFETS

CONTINENTAL

Chilled Fruit Juices
Muffins, Assorted Croissants, Danish,
Cinnamon Rolls,
Mini Bagels stuffed with Assorted Cream Cheeses,
Fruit & Nut Loaves
Fresh Fruit Salad
Preserves & Butter
Freshly brewed Coffee & Tea
\$12.95/person

MORNING SUNRISER

Chilled Fruit Juices
Scrambled Eggs
Bacon & Sausage
Home Fried Potatoes
White & Whole Wheat Toast
Muffins, Croissants, Danish
Fresh Fruit Salad
Preserves & Butter
Freshly brewed Coffee & Tea
\$15.95/person

HEALTH SMART

Chilled Fruit Juices
Assorted Cold Cereals
Raisin Bran & Oatmeal Muffins
Sliced Fresh Fruit
Granola, Assorted Yogurts
Preserves & Butter
Freshly brewed Coffee & Tea
\$12.95/person
Taxes & Gratuities extra



www.hiottawa.ca
111 Cooper Street, Ottawa, ON

LUNCH

WORKING LUNCH

THE UPTOWNER

Choice of Soup du Jour or Mixed Green Salad
Assorted Sandwiches
Crudites & Dip
Cheese & Sliced Fresh Fruit Platter
Mini Cheese Cakes,
Assorted Mini Cupcakes
Freshly brewed Coffee & Tea
\$16.95/person

MEDITERRANEAN LUNCH

Greek Salad, Tabouli, Hummus & Tzatziki with Pita Bread,
Chicken OR Pork Souvlaki,
Rice Pilaf OR Greek Potatoes and Garlic Sauce
Freshly Brewed Coffee & Tea
17.95/person

THE DILLY DELI

Soup du Jour
Potato Salad, Broccoli Salad,
Carrot Raisin Salad
Egg and Tuna Salad
Assorted Deli Cold Cut Platter
Crudites & Dip, Relish Tray
Pumpernickel, Rye Bread,
Kaiser Buns & Bread Sticks
Sliced Cheeses, Tomatoes, Pickles,
Onions & Lettuce
Cookies & Squares
Freshly Brewed Coffee & Tea
\$16.95/person

THE LUNCHEON BUFFET

(Minimum 15 people)

Fresh Baked Rolls
Mixed Green Salad with Assortment of Gourmet Dressings
Broccoli & Bean Salad
Choice of:
Chicken, Beef or Vegetable Stir Fry (with Rice) or
Lasagna (Meat or Vegetable) or
Herb Roasted Chicken Breasts (with Roasted Potatoes and Seasonal Vegetables) or
Beef Curry (with Rice and Seasonal Vegetables)
Dessert Table
Freshly Brewed Coffee & Tea

\$18.95/person

Taxes & Gratuities extra

PLATED LUNCH

CHOICE OF A SOUP OR SALAD: Cream of Tomato & Basil Soup, Country Vegetable, Mixed Green Salad with Gourmet Dressing, Caesar Salad

STIR FRY

Chicken, Beef or Vegetable
Served with Rice
\$17.95/person

PENNE A LA FRESCO

Penne Noodles Mixed with Grilled Chicken Breast, Herbs, Tomatoes, Black Olives, Garlic & Parmesan Cheese
\$17.95/person

ROAST QUARTER CHICKEN

Quarter Chicken served with Scalloped Potatoes and Fresh Seasonal Vegetables
\$19.95/person

THAI NOODLE

A spicy alternative of Chicken OR Beef served with Rice Noodles, Broccoli, Celery, Onions & Carrots
\$17.95/person

CHOICE OF ONE DESSERT: New York Cheesecake, Chocolate Mousse Cake, Apple Crumble with Whipped Cream
Lemon Cake, Strawberry Shortcake. Freshly Brewed Coffee & Tea

Taxes & Gratuities extra



PLATED DINNER

CHOICE OF A SOUP OR SALAD: Country Vegetable, Cream of Tomato and Basil, Cream of Broccoli
Mixed Green Salad with Raspberry Vinaigrette, Caesar Salad

ROAST PRIME RIB OF BEEF AU JUS

AAA Canadian Beef featuring our
traditional Yorkshire Pudding
\$29.95/person

FILET OF ATLANTIC SALMON

Baked and lightly dressed with a Dill Cream Sauce
\$26.95/person

ROASTED PORK LOIN

Drizzled with a Cranberry Salsa and
served with Herb Potatoes Wedges
\$24.95/person

ROASTED TURKEY

Classic Roast Turkey complimented with
Savoury Stuffing and Gravy
\$25.95/person

GRILLED SUPREME OF CHICKEN

Tender grilled Chicken Breast with a choice of White Wine
Herb Sauce, Maple Dijon Sauce or Marsala Sauce
\$26.95/person

Dinner selections are served with Fresh Seasonal Vegetables & Potatoes or Rice, Fresh Baked Dinner Rolls & Butter

CHOICE OF ONE DESSERT: Strawberry Shortcake, Lemon Meringue Pie, Cheesecake or
Chocolate Trio - (chocolate brownie, chocolate cup & chocolate truffle).
Freshly brewed Coffee or Tea.

Taxes & Gratuities extra

BUFFET DINNER # 1

(Minimum 50 people)

COLD SELECTIONS

Garden Salad, Potato Salad,
Greek Salad, Broccoli Salad,
Seafood Salad

HOT ITEMS

Hip of Beef au Jus

Choice of Pasta Dish:
Lasagna, Cannelloni or
Cheese Tortellini in a Creamy
Pesto Sauce

Potatoes (Herbed, Mashed or Scalloped)
Fresh Seasonal Vegetables

SWEET TABLE

New York Cheesecake with
Trifle, Chocolate Layer Cake,
Lemon Meringue Pie, Pecan Pie

Freshly brewed Coffee & Tea
\$27.95/person

BUFFET DINNER # 2

(Minimum 50 people)

COLD SELECTIONS

Garden Salad, Pasta Salad,
Greek Salad, Broccoli Salad

Assorted Deli Meat Platter

Imported & Domestic Cheese Platter

HOT ITEMS

Select one Carvery Station and one
Accompanying Dish:

CARVERY STATION

Roast Turkey
or

Roast Porkloin with
Cranberry Orange Sauce
or

Hip of Beef au Jus

ACCOMPANYING DISH

Chicken Penne served in a Lemon
Basil Sauce

or

Beef or Chicken Curry with Rice

or

Cheese and Spinach Cannelloni

or

Sundried Tomato Pesto Penne

Potatoes (Herbed, Mashed or
Scalloped)

Fresh Seasonal Vegetables

SWEET TABLE

New York Cheesecake,
Trifle,

Chocolate Layer Cake,
Lemon Meringue Pie,
Pecan Pie,

Fresh Fruit with Chocolate Fondue

Freshly brewed Coffee & Tea

\$34.95/person

Taxes & Gratuities extra



BEVERAGES & COCKTAILS / RECEPTION

www.hiottawa.ca
111 Cooper Street, Ottawa, ON

RECEPTION

HOT HORS D'OEUVRES

Mini Spring Rolls
Samosas
Mexican Perogies
Breaded Shrimp
Mini Meatballs
Spanakopita
Mini Quiche
Chicken Spirals

\$19.95/dozen

COLD CANAPÉS

Cherry Tomatoes Stuffed with Crab
Salmon Spirals
Mini Kabobs
Mini Bruschetta
Vietnamese Spring Rolls
\$17.95/dozen

Cocktail Sandwiches
\$6.95/person

Mediterranean Dips
(Hummus, Tzatziki & Baba Ganoush)
with Grilled Pita Breads
\$7.95/person
Taxes & Gratuities extra

Crudités & Dip
\$4.95/person

Cocktail Platter
*Paté, Cheese, Baguette,
Crackers, Crudités & Dip*
\$12.50/person

Imported & Domestic Cheese
Platter \$8.95/person

Fresh Sliced Fruit Platter
\$6.95/person

BEVERAGES & COCKTAILS

WHITE WINE BOTTLE

Pelee Island Sauvignon Blanc (0)
Ontario \$27.95

Fat Cat Chardonnay (0)
New Zealand \$38.95

Folonari Pinot Grigio (1)
Italy \$38.95

Pillitteri Gewurztraminer (1-2)
German \$30.00

Fetzer White Zinfandel (Rose)
California \$27.95

RED WINE BOTTLE

Pelee Island Merlot (0)
Ontario \$27.95

Georges Duboeuf Beaujolais (0)
France \$31.50

Folonari Valpolicella (0)
Italy \$35.85

Wolf Blass "Yellow Label"
Cabernet Sauvignon (0)
Australia \$38.95

Rosemount Shiraz (1)
Australia \$38.95

CASH & HOST BAR

LIQUOR \$5.22 (C)
\$4.25 (H)

DOMESTIC BEER \$4.78 (C)
\$4.10 (H)

IMPORT BEER \$5.65 (C)
\$4.90 (H)

WINE (RED & WHITE) \$5.22 (C)
\$4.54 (H)

LIQUEURS \$5.43 (C)
\$4.75 (H)

COGNACS \$5.43 (C)
\$4.85 (H)

SOFT DRINKS & JUICES \$2.21 (C)
\$1.95 (H)

SPARKLING WINE

Freixenet Cordon Negro Brut (1)
Spain \$25.95

Taxes & Gratuities extra